



SULLIVAN
COUNTY COMMUNITY COLLEGE

2022-2023 Contract of Study: Course Requirements & Suggested Sequence Recreation Leadership: Fitness - AAS* - 61 Credits

Name: _____ **ID #:** _____

Address: _____

Tel No: () _____ **Cell:** () _____

Email: _____ **Date:** _____

Code FT	Course #	Course Name	Cr	Term/grade	Notes
Pre-Program Requirements					
<input type="checkbox"/>	Math Comp				
First Semester:					
<input type="checkbox"/>	REL 1003	PE, Sport, Recreation & Leisure	3		
<input type="checkbox"/>	ENG 1001	Composition I	3		
<input type="checkbox"/>	PSY 1500	General Psychology	3		
<input type="checkbox"/>	SCI 1024/1025	Nutrition AND Nutrition Lab	4		
<input type="checkbox"/>	PED	A course with PED prefix	2		
Second Semester:			15		
<input type="checkbox"/>	ENG/HUM/FLA	A course with the ENG, HUM OR FLA prefix	3		
<input type="checkbox"/>	BUS 1310	Principles of Management	3		
<input type="checkbox"/>	REL 1505	Philosophy of Sport	3		
<input type="checkbox"/>	SCI 1050/ 1051	Introduction to Biology I AND Introduction to Biology I Lab	4		
<input type="checkbox"/>	PED	A course with PED prefix	2		
Third Semester:			15		
<input type="checkbox"/>	REL 1601	Physical Fitness & Wellness	2		
<input type="checkbox"/>	ENG 1301	Fundamentals of Speech	3		
<input type="checkbox"/>	REL 1507	Health Sciences Applied to Coaching	3		
<input type="checkbox"/>	REL 1510	Essentials of Personal Fitness Training I	3		
<input type="checkbox"/>	REL 1801	Advanced First Aid and CPR	2		
<input type="checkbox"/>	REL 1509	Theory & Techniques of Coaching	3		
Fourth Semester:			16		
<input type="checkbox"/>	MAT 1004	Elementary Statistics	3		
<input type="checkbox"/>	PSY 1504	Sport Psychology	3		
<input type="checkbox"/>	BUS 1301 OR Elective	Principles of Marketing OR Elective by Advisement	3		
<input type="checkbox"/>	REL 1511	Essentials of Personal Fitness Training II	3		
<input type="checkbox"/>	REL 1016	Motor Learning	3		
GRADUATION			Degree date:	15	Total Credits Earned:

*All AAS degrees require ENG 1001 Composition I, ENG 1301 Fundamentals of Speech, a 4 credit science course with lab and a minimum of 10 additional Liberal Arts credits from at least two other areas of study. Liberal Arts prefixes: ANT, ECO, ENG, FLA, GEO, HIS, HON, HUM, MAT, POL, PSY, PSY, SCI, and SOC. COM 1301, Interpersonal Communications, COM 1305, Intercultural Communication, COM 2110, Intro to Media Communications, CPT 1210, Computer Literacy, CPT 1301, Logic and Problem Solving, CRJ 1115, Introduction to Criminal Justice, and THE 1700, Theater History I are also classified as liberal arts.

NOTE: See College Catalog for math competency requirement.

By signing this contract, I commit myself to study and work until I have successfully completed this program. My advisor acknowledges my commitment and pledges to support my endeavors.

Student Signature: _____ Date: _____

Advisor Signature: _____ Date: _____