



SULLIVAN  
COUNTY COMMUNITY COLLEGE

## 2023-2024 Contract of Study: Course Requirements & Suggested Sequence Physical Education Studies - AS – 62-64 Credits

|                      |                    |
|----------------------|--------------------|
| Name: _____          | ID #: _____        |
| Address: _____       |                    |
| Tel No: (____) _____ | Cell: (____) _____ |
| Email: _____         | Date: _____        |

| Code PE  | Course #  | Course Name  | Cr  | Term/grade | GE                  | Notes                         |
|--|---|--|-----|------------|---------------------|-------------------------------|
| <b>Pre-Program Requirements</b>                            |   |  |     |            |                     |                               |
| <input type="checkbox"/>                                   | Math Comp   |  |     |            |                     |                               |
| <b>First Semester: 15</b>                                  |   |  |     |            |                     |                               |
| <input type="checkbox"/>                                   | ENG 1001  | Composition I*   | 3   |            | COMM                |                               |
| <input type="checkbox"/>                                   | REL 1003  | Introduction to PE, Sport, Recreation & Leisure  | 3   |            |                     | Offered fall only             |
| <input type="checkbox"/>                                   | SCI 1050/ 1051<br>or<br>SCI 1124                                | Introduction to Biology I <b>AND</b><br>Introduction to Biology I Lab <b>OR</b><br>Principles of Biology I   | 4   |            | NASCI               |                               |
| <input type="checkbox"/>                                   | PED 1812  | Project Adventure  | 1   |            |                     |                               |
| <input type="checkbox"/>                                   | PED 1334 or PED 1022 or PED 1115                                | Softball <b>OR</b> Golf <b>OR</b> Fitness I  | 1   |            |                     |                               |
| <input type="checkbox"/>                                   | Diversity   | An approved course from the Diversity: Equity, Inclusion, and Social Justice GEN Ed List                     | 3   |            | DVRSTY              |                               |
| <b>Second Semester: 15</b>                                 |   |  |     |            |                     |                               |
| <input type="checkbox"/>                                   | ENG 1301  | Fundamentals of Speech*  | 3   |            | COMM                |                               |
| <input type="checkbox"/>                                   | ENG 2005  | Composition II   | 3   |            |                     |                               |
| <input type="checkbox"/>                                   | PSY 1500  | General Psychology   | 3   |            | SOCS                |                               |
| <input type="checkbox"/>                                   | PED 1204 or PED 1240  | Badminton <b>OR</b><br>Tennis  | 1   |            |                     | PED 1204: Offered spring only |
| <input type="checkbox"/>                                   | US Hist. & Civic Engagement OR World Hist. and Global Awareness | An approved course from the US History & Civic Engagement, OR World History and Global Awareness GEN Ed List | 3   |            | USHIS<br>OR<br>WHGA |                               |
| <input type="checkbox"/>                                   | PED 1601 or REL1505   | Fitness & Wellness <b>OR</b><br>Philosophy of Sport  | 2-3 |            |                     | Offered spring only           |
| <b>Third Semester: 15-16</b>                               |   |  |     |            |                     |                               |
| <input type="checkbox"/>                                   | SCI 1703 or REL 1509  | Contemporary Health <b>OR</b><br>Theory & Techniques of Coaching   | 3   |            |                     | Offered spring only           |
| <input type="checkbox"/>                                   | SCI 2120  | Human Performance - A & P I  | 4   |            |                     | Offered fall only             |
| <input type="checkbox"/>                                   | PED 1253  | Racquetball  | 1   |            |                     | Offered fall only             |
| <input type="checkbox"/>                                   | PED 1350  | Soccer   | 1   |            |                     | Offered fall only             |
| <input type="checkbox"/>                                   | The Arts  | A course from the approved ARTS Gen Ed list  | 3   |            | ARTS                |                               |
| <input type="checkbox"/>                                   | Foreign Language  | A course from the approved World Language Gen Ed list  | 3   |            | LANG                |                               |
| <input type="checkbox"/>                                   | PED   | PED elective   | 1   |            |                     |                               |
| <b>Fourth Semester: 16</b>                                 |   |  |     |            |                     |                               |
| <input type="checkbox"/>                                   | MAT   | Math 1004 <b>OR</b><br>Higher MAT by advisement  | 3-4 |            | MATH                |                               |
| <input type="checkbox"/>                                   | SCI 2122  | Human Performance - A & P II   | 4   |            |                     | Offered spring only           |
| <input type="checkbox"/>                                   | REL 1801  | Advanced First Aid and CPR   | 2   |            |                     |                               |
| <input type="checkbox"/>                                   | HUM   | An approved course from the Humanities GEN ED List   | 3   |            | HUM                 |                               |
| <input type="checkbox"/>                                   | PED 1306  | Basketball   | 1   |            |                     | Offered spring only           |
| <input type="checkbox"/>                                   | REL 1016  | Motor Learning   | 3   |            |                     | Offered spring only           |
| <b>GRADUATION Degree date: 16-17 Total Credits Earned:</b> |   |  |     |            |                     |                               |

\*In order to receive full credit for Gen Ed 10, students must take both ENG 1001 English Composition I and ENG 1301 Fundamentals of Speech NOTE: Students must meet a minimum of seven (7) General Education outcomes for all AA and AS degree programs. See College Catalog for math competency requirement. **By signing this contract, I commit myself to study and work until I have successfully completed this program. My advisor acknowledges my commitment and pledges to support my endeavors.**

Student Signature: \_\_\_\_\_  
 Advisor Signature: \_\_\_\_\_

Date: \_\_\_\_\_  
 Date: \_\_\_\_\_