

2025-2026 Contract of Study: Course Requirements & Suggested Sequence Physical Education Studies - AS - 62-63 Credits

Name:	ID #:	
Address:		
Phone:	Cell:	
Email:	Date:	

Code PE	Course #	Course Name	CR	Term/ Grade	GE	Notes
First Semester:						
	ENG 1001	Composition I*	3		COMM	
	REL 1003	Introduction to PE, Sport, Recreation & Leisure (Fall Only)	3			
	SCI 1050 Or SCI 1124	Introduction to Biology I or Principles of Biology I	4		NASCI	
	PED 1812	Project Adventure	1			
	PED 1334 or PED 1022 or PED 1115	Softball or Golf or Fitness I	1			
	Diversity	An approved course from the Diversity: Equity, Inclusion, and Social Justice GEN Ed List	3		DVRSTY	
Secon	d Semester:		15			
	ENG 1301	Fundamentals of Speech*	3		COMM	
	ENG 2005	Composition II	3			
	PSY 1500	General Psychology	3		SOCSC	
	PED 1204 or PED 1240	Badminton (Spring Only) or Tennis	1			
	US Hist. & Civic Engagement OR World Hist. and Global Awareness	An approved course from the US History & Civic Engagement, OR World History and Global Awareness GEN Ed List	3		USHIS OR WHGA	
	REL1505	Philosophy of Sport	3			
Third	Semester:		16			
	REL 1509	Theory & Techniques of Coaching	3			
	REL 1507	Health Sciences Applied to Coaching	3			
	PED 1253	Racquetball (Fall Only)	1			
	PED 1350	Soccer (Fall Only)	1			
	ART	A course from the approved ARTS Gen Ed list	3		ARTS	
	FLA	A course from the approved World Language Gen Ed list	3		LANG	
	PED	PED elective	1			
Fourth	Fourth Semester: 15					
	MAT 1004 or Higher	Math 1004 or Higher MAT By Advisement	3-4		MATH	
	SCI 2128	Human Biology (Spring Only)	4			
	REL 1801	Advanced First Aid and CPR	2			
	HUM	An Approved Course from the Humanities GEN ED List	3		HUM	
	PED 1306	Basketball (Spring Only)	1			
	REL 1016	Motor Learning (Spring Only)	3			
GRAD	UATION	Degree date:	16-	17	Total	Credits Earned:

Note: Students must meet a minimum of seven General Education outcomes.

*In order to receive full credit for the Written and Oral Communication General Education Learning Outcome, students must take both ENG 1001 English Composition I and ENG 1301 Fundamentals of speech.

**The following list of prefixes and courses are designated Liberal Arts: ANT, ECO, ENG, FLA, GEO, HIS, HON, HUM, MAT, POL, PSY, SCI, and SOC. COM 1301 Interpersonal Communications, COM 1305 Intercultural Communication, COM 2110 Introduction to Media Communications, CPT 1210 Computer Literacy, CPT 1301 Logic and Problem Solving with C++, CRJ 1115 Introduction to Criminal Justice, THE 1700 Theater History I and THE 2701 Theater History II are also classified as Liberal Arts.

By signing this contract, I commit myself to study and work until I have successfully completed this program. My advisor acknowledges my commitment and pledges to support my endeavors.

Student Signature:	Date:	
Advisor Signature:	Date:	